

# Sandpiper Your Happiness Is Our Reward





# Welcome

Welcome to Tanglewood, where we pride ourselves on our wealth of experience in providing exceptional care for our residents. Our dedicated team members have been carefully selected based on their expertise, empathy, and genuine commitment to enhancing the lives of those entrusted to our care.

Our vision at Tanglewood is to create a nurturing environment that fosters independence, dignity, and a sense of belonging. We believe that every individual's unique story and journey deserves to be celebrated. Our values are at the heart of everything we do. We strive for excellence in delivering personalised care that exceeds expectations, promoting well-being, and embracing diversity. We understand the importance of creating a home away from home, where residents feel cherished and supported.

We warmly invite you to experience the Tanglewood difference firsthand. Join our vibrant community and let us embark on this remarkable journey together, providing comfort, companionship, and a sense of belonging to all who call Tanglewood home.



Daniel Rowark

CEO TANGLEWOOD CARE SERVICES LTD

# Why choose us?

At Sandpiper we provide something for everybody. Our engaging activities are developed with our residents' preferences in mind. With personalised care plans, a range of facilities and dedicated team members you can be sure your loved one is in safe hands.

At Sandpiper care home, comfort, safety, well-being, and happiness are at the heart of all we do. Our personalised care plans will be tailored to include everything from medications to likes and dislikes. We acknowledge how hard the decision to move into care can be and our friendly team are on hand to support you.

# **Facilities**

Sandpiper is a 30-bed care home which offers facilities that include bar, comfortable lounge areas, hair salon, landscaped gardens and restaurant-style dining room. Sandpiper ensures our residents live an independent lifestyle whilst also providing 24/7 person centred care. As part of our community, residents will be able to continue with their daily routines whilst having the day-to-day needs looked after.





# Menu & catering

Our chefs offer a four-week seasonal menu that changes daily, using the freshest ingredients. We provide for all dietary types such as vegan, vegetarian and diabetic. We also cater for different textured diets, including a soft diet and a fully modified diet. If there is nothing you fancy on the menu we always have alternative options available for you. We will discuss your diet along with any likes and dislikes on admission. The mealtime experience for you is very important to us. Catering is always on the agenda at the monthly residents' meetings to enable you to give your valuable feedback first hand.

#### Sample menu

#### BREAKFAST

Cereal of choice or porridge Toast & preserves Freshly prepared fruit Full english breakfast

#### DINNER

Hearty beef stew & dumpling Creamy vegetable risotto Baby new potatoes Fresh green beans & carrots

#### DINNER DESSERT

Jam sponge & custard Fresh fruit platter & cream TEA

Fish goujons & sauté potatoes Cream of vegetable soup Selection of sandwiches

TEA DESSERT Lemon posset

Selection of cakes

"I am so pleased that we chose this place, I felt surrounded by love here, they are all so friendly, everyone talks to you and I have never felt lonely once"

—Tanglewood Care Home resident



#### United

We will work together as a team We will acknowledge that everyone is important We will celebrate our achievements

#### Nurturing

We will value and support each other We will promote empowerment and independence We will acknowledge and enhance strengths

#### Innovative

We will find innovative solutions to the challenges we face We will welcome new ideas to help us evolve We will embrace change and adapt accordingly

#### Quality

We will deliver excellence as our standard We will continually improve and enhance our service We will keep people safe

#### Understanding

We will be kind and compassionate We will respect and honour individuality and diversity We will take accountability and responsibility for our actions

#### Empathetic

We will respect and trust each other We will be humble and positive role models We will embrace new relationships

# **Our Mission Statement**



Provide high quality care for our residents, in safe and comfortable surroundings, always promoting independence and choice

Give the families of our residents peace of mind, reassurance and confidence in our service

Attract and retain the best team members, giving them the skills and career pathways they deserve

Work in partnership with all external agencies, building relationships that support our visions & values

# **Our Vision**

To be the service of choice for our residents and their families

To be the employer of choice for our team members

To be the health provider of choice across the Health & Social Care Network

### **Our Care**

In a Tanglewood care home, we cater for residents who need all varieties and levels of care. We assess every prospective resident subjectively on an individual basis. Following this process, a personalised recommendation is made by our team of highly-trained and dedicated staff members. Any new resident receives a bespoke Personal Care Plan, ensuring the most comfortable transition as they begin to write the next chapter of their lives. Our core values underpin everything that we do, delivering the best possible care and service to all our residents, plus peace of mind for family and friends.

#### **Respite Care**

Respite care is generally 'short term' for people who are usually looked after by a relative or professional carer at home. It is also for people who have been in hospital but require a period of convalescence. Many people arrange a trial stay as a temporary resident to see if the home is the right long term option for them.

#### **Residential Care**

Residential care is generally for people who require a low level of support. It may include assistance with washing and bathing, and other activities of daily living. It is primarily for those who are finding it difficult to cope at home, or who need more help than home carers are able to provide.

#### Dementia Care

Our team members are trained to support people living with dementia. Through daily interactions, activities and compassion, our team learn about the individual's needs and help them feel settled and safe. We make sure people with dementia receive the quality of care that suits them best.

#### Day Care

At Sandpiper we recognise that some people are not ready to move into a care home permanently, or ready for any overnight stays. We do also recognise that as a carer you may still require support, and that you or your loved one may require some social interactions with other individuals. We can support you with this by offering day care services.

#### **Palliative Care**

At Sandpiper we understand that end of life care is an extremely difficult time, and we want to support you in this process by providing a warm, welcoming atmosphere. Our teams are compassionate and caring, and will provide you with all the support you and your loved one require.

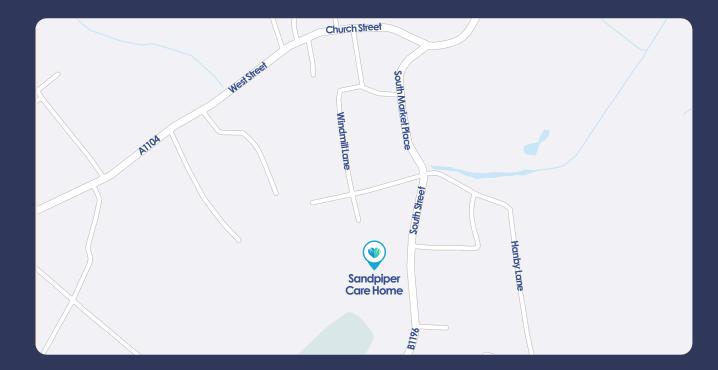
# Activities

Sandpiper offers a range of activities that appeal to our residents, regardless of interests and abilities. All activities are of course optional, but we do encourage our residents to be involved to increase their social interaction, mental stimulation and, most importantly, their enjoyment. Activities take place in groups, small task groups or one-to-one. Our dedicated Lifestyles Coordinator is an integral member of our team. They ensure monthly meetings are held with our residents to ensure that activities reflect their interests and choices.



# Weekly Activity Planner

	Morning	Afternoon
Monday	MORNING WALKS & GARDENING	LIFE STORY BOOKS
	11.30am	2.30pm
Tuesday	NAILS & HAND MASSAGES	SING ALONG
	11.30am	2.30pm
Wednesday	COFFEE MORNING	POETRY CORNER
	11.30am	2.30pm
Thursday	CHAIR EXERCISES	PAINTING AND ART CLASS
	11.30am	2.30pm
Friday	BAKING CLUB	FRIDAY AFTERNOON DRINKS & QUIZ
	11.30am	2.30pm
Saturday	GAMES & ACTIVITIES	SATURDAY SOCIAL
	11.30am	6.30pm
Sunday	<b>BOOK CLUB &amp; APERITIFS</b>	SUNDAY ROAST
	11.30am	12.30pm



# Get in touch

Sandpiper 16 South Street Alford Lincolnshire LN13 9AQ

01507 462112 info@twhealthcare.co.uk www.tanglewoodcarehomes.co.uk

From Lincoln: Head west on Corporation St/B1308 toward Hungate

Continue to follow B1308. Continue onto Yarborough Rd/B1273. Keep right to stay on Yarborough Rd/B1273. Go through 1 roundabout. At the roundabout, take the 1st exit onto Riseholme Rd/B1226. At the roundabout, take the 3rd exit onto A15/A46. At Nettleham Rd Roundabout, take the 2nd exit onto A15. At Wragby Roundabout, take the 1st exit onto Wragby Rd E/A158. Continue to follow A158. At the roundabout, take the 2nd exit onto Church St/A158. Continue to follow A158. Turn left at Bond Hays Ln. Slight right. Turn left onto A16. At Ulceby Cross Roundabout, take the 2nd exit onto A1104 Mablethorpe. Turn right onto Market Pl. Turn right onto Windmill Ln. Partial restricted usage road. Sandpiper care home will be on your right.

**From Grimsby**: Head southeast on Victoria St S/A16 toward Ellis Way/A1136 Continue to follow A16. At the roundabout, take the 2nd exit and stay on A16. At the roundabout, take the 2nd exit onto Louth Rd/A16. At the roundabout, take the 2nd exit and stay on Louth Rd/A16 Boston A16 Skegness Louth. At the roundabout, take the 2nd exit. Continue onto Grimsby Rd/A16. At the roundabout, take the 2nd exit. Continue onto Grimsby Rd/A16. At the roundabout, take the 2nd exit. Continue onto Grimsby Rd/A16. At the roundabout, take the 2nd exit and stay on Louth Bypass/A16. At the roundabout, take the 2nd exit and stay on Louth Bypass/A16 Louth B1200. At the roundabout, take the 3rd exit onto London Rd/A16 Continue to follow A16. At Ulceby Cross Roundabout, take the 1st exit onto A1104. Turn right onto Market PI. Turn right onto Windmill Ln Partial restricted usage road. Sandpiper care home will be on your right.

