

Notice to visitors

This guidance reflects best practice/national guidelines.

We are currently taking additional steps to protect our residents from any illness – particularly Coronavirus. As a result please read and follow the advice below

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough **and/or**
- high temperature

Generally, coronavirus can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease.

If you have any of these symptoms or symptoms of another respiratory illness please DO NOT visit the home until you are well.

See also the [self-isolation](#) guidance

PHE recommends that the best way to reduce any risk of infection for anyone is good hygiene and **avoiding direct or close contact** (within 2 metres). Please consider any unnecessary contact such as hugging. You should also avoid touching your eyes, nose, and mouth with unwashed hands

Please practice good respiratory etiquette

Cough or sneeze into a tissue and dispose of it immediately and wash your hands (see below)

Wash your hands often - with soap and water, or use alcohol sanitiser that contains at least 60% alcohol if hand washing facilities are not available. Important moments for hand hygiene are;

- on arrival
- after using the toilet
- before eating any food, including snacks
- before leaving

Hand Hygiene should take around 20 seconds (sing happy birthday twice). Be mindful of frequently missed areas (see pink areas on image above)



We appreciate your co-operation.

If you are unsure or have any queries relating to Covid-19 please contact 111